

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Breakfast Roll Egg	Y Unknown							Y	Y	Y					
Breakfast Roll Haggis	Y Oat							Y	Y	Y					
Breakfast Roll 2 hash brown	Y Unknown							Y	Y	Y				Y	
Breakfast Roll 2 potato scone	Y Unknown							Y	Y	Y					
breakfast roll and coffee deal	Y Whe							Y	Y	Y				Y	1
Breakfast Roll Bacon - 3 slices	Y Unknown							Y	Y	Y					
Breakfast Roll Black Pudding	Y Whe							Y	Y	Y					
Breakfast roll Sausage	Y Whe Rye Bar Oat													Y	

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Breakfast Roll Vegetable Sausage	Y Unknown							Y	Y	Y					
French Toast - Crispy bacon & maple syrup	Y Whe						Y Wal		Y	Y					
French Toast (V) Blueberry, whipped caramel cream & maple granola crunch	Y Whe				M		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
Full Scottish Sausage, bacon, black pudding, haggis, tomato, mushroom, baked beans, tattie scone & choice of egg, ask for today's bread selection	Y Whe Oat							Y	Y	Y				Y	
social benedicts - avocado	Y Bar					Y		Y	Y	Y			Y	Y	
social benedicts - black pudding	Y Whe Bar Oat					Y		Y	Y	Y			Y	Y	
social benedicts - crispy bacon	Y Bar					Y		Y	Y	Y			Y	Y	
social benedicts - haggis	Y Bar Oat					Y		Y	Y	Y			Y	Y	
social benedicts - plain	Y Bar					Y		Y	Y	Y			Y	Y	
social benedicts - smoked salmon	Y Bar			Y		Y		Y	Y	Y			Y	Y	
Vegan Breakfast, Veggie sausages, veggie haggis, veggie black pudding, spinach, confit tomatoes, mushrooms, scrambled tofu, baked beans, toast	Y Whe Rye Bar Oat							Y	Y	Y			Y		

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Veggie Breakfast (v) Veggie sausages, veggie haggis, wilted spinach, tomato, mushroom, baked beans, tattie scone & choice of egg, ask for today's bread selection	Y Whe							Y	Y	Y					
Beetroot Falafel Shawarma	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y		M	M	Y	Y	M	
Buffalo Wings (small) Franks hot sauce, blue cheese mayo, crispy onion, chives	Y Whe Rye Bar Oat							Y	Y	Y	Y				
Gordal Olives, Extra virgin olive oil, maldon salt														Y	
Homemade Corn Nachos (v) Mozzarella, avocado salsa, chive sour cream, pico de gallo, jalapenos					M		M Alm Brz Cas Haz Mac Pec Pis Wal			Y			M	Y	
Homemade Focaccia style bread (v) rosemary, garlic and virgin olive	Y Unknown													Y	
Hummus Verde, Garlic Flatbread, EVOO, Toasted Nut & Seeds	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal					Y	Y		
Lamb Shawarma	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y		Y	M	Y	Y	M	
Pizza Cup cakes - Pepperoni	Y Unknown									Y					

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Social Tempura Cauliflower, sesame seeds, tahini-coconut yoghurt	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y					Y	Y	
Social Tempura Chicken, Spring Onion, Garlic mayo	Y Whe Bar							Y	Y					Y	
Social Tempura King Prawn, pink pickled ginger, sweet chilli	Y Whe Bar	Y						Y						Y	
SOUP OF THE DAY (V) Freshly Baked Bread	Y Whe							Y		Y	Y				
Baked Mac & Cheese (v), Toasted Garlic focaccia, social house salad	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y		Y		Y	Y		
BUTTERNUT SQUASH & CHICKPEA MASSAMAN CURRY (vg) - Jasmine Rice & garlic naan - Social	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal					Y	Y	Y	
Chargrilled 6oz Rump Steak, Slow cooked tomato, skinny fries														Y	1
harrisa chicken skewers Mint & Olive Tabbouleh, Cucumber Tzatziki & Homemade Garlic Flat Breads, served with Fries	Y Whe Bar				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y		Y	Y	Y	M	Y	
IPA Battered Fish & Chips Buttered Bread, Chip Shop Pickles, Crushed Peas, Tartare Sauce, Triple Cooked Chips	Y Whe Bar			Y				Y		Y		Y		Y	

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Rose Harissa Seabass, N'Duja, Pimento Pepper, Warm Potato Salad, Chimichurri				Y											
Vegan Fish and Chips (vg) Sourdough bread, Chip Shop Pickles, Crushed Peas, Triple Cooked Chips	Y Whe Bar							Y				Y		Y	
Classic Caesar, Focaccia Croutons, Parmesan, Soft Boiled Egg	Y Unknown						Y Brz Cas Haz Mac Pec Pis Wal		Y	Y					
Trio of Beetroot & Feta Salad, Candy, Golden and red beetroot, pickled carrot, cucumber & vegan feta	Y Bar				Y	Y	Y Brz Cas Haz Mac Pec Pis Wal	Y				Y	Y	Y	
Vietnamese Chicken Noodle Salad Rice noodles, fresh herbs, chilli, charred chicken fillet, toasted peanuts, nuoc maam dressing, lime dressing	Y Whe Rye Bar Oat	Y	Y	Y	Y									Y	1
Crayfish & Prawn, Sun blushed tomato, paprika marie rose, tabasco, lemon, rocket, sundried tomato bread	Y Whe	Y		Y					Y		Y				
Halloumi & Roast Red Pepper Focaccia, Veggie Halloumi, Sriracha Hummus, roast red peppers, baby rocket & pickled cucumber	Y Whe Rye Bar Oat				Y	Y	Y Brz Cas Haz Mac Pec Pis Wal					Y	Y	Y	
Triple Deck Fried Chicken Club, Crispy bacon, chicken, gem lettuce, beef tomato, mayo and fried egg	Y Whe Rye Bar Oat								Y						
Hand Cut Chips - Side														Y	
House Salad - Side	Y Bar											Y		Y	

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Mac & Cheese - Side	Y Unknown							Y		Y		Y			
Onion Rings - Side	Y Whe Bar							Y						Y	
Side - Fries - Skinny															
tabbouleh - side	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y		M	Y	M	M	M	
Warm Potato Salad															
Blueberry and Earl Grey Tart Dragon fruit, edible flowers, Smashed Parma Violets	Y Whe							M	Y	Y				Y	2
Candy Floss Pavlova, House made Meringue, Chambord Raspberry Ripple Cream, Cotton Candy,									Y	Y					
mini doughnuts, crushed candied nuts, chocolate sauce, caramel sauce	Y Whe				Y		Y Unknown	Y	Y	Y				Y	
Passion Fruit Cheesecake, Mango & Passionfruit Salsa, Passoa Gel	Y Whe				M		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					1
Sticky Toffee Pudding Madagascan Vanilla Ice Cream, Honeycomb	Y Unknown				M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
Add bacon jam	Y Unknown							Y				Y		Y	1
add crispy bacon															

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add guacamole															
add marinated chicken - small															
add nduja sausage															
add ox cheek chilli	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y		Y	M	Y	M	Y	
add piquillo peppers															
add portobello mushroom															
Loaded Fries - Chilli Cheese – Beef Chilli and Monterey Jack Cheese	Y Unknown									Y		Y			
Nacho Fries, Monterey Jack Cheese, Guacamole, Pico de Gallo, Sour Cream										Y					
Smashed Mac, Mac & Cheese, Buffalo Sauce	Y Unknown							Y		Y		Y			
VEGAN Nacho Fries, Monterey Jack Cheese, Guacamole, Pico de Gallo, Sour Cream	Y Whe Rye Bar Oat														
Beet Burger, Beetroot Falafel Burger Roast Garlic Aioli, green slaw, pickles	Y Bar									Y		Y		Y	1
Birthday Suit - Double smashed patty, burger diced onion, pickles, ketchup, American Mustard	Y Unknown									Y	Y	Y		Y	1
Burger - The Red Dragon Crispy Fried Chicken Breast, Red Dragon Sauce, Lime Mayo, Kimchi, Iceberg Lettuce, Thai Basil (glasgow and edinburgh)	Y Whe	Y		Y	Y			Y	Y	Y			Y		1

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Mac Attack - Double smashed beef patty, double cheese, crispy bacon, mac & cheese, brioche bun	Y Unknown							Y		Y		Y		Y	2
Aubergine & Courgette, Piquillo Pepper, Oregano	Y Unknown									Y					
Pizza - Classic Margherita, Basil pesto, olive oil	Y Unknown						Y Brz Cas Haz Mac Pec Pis Wal			Y					
Pizza - N'duja, Piquillo Pepper & red onion	Y Unknown									Y					
Pizza - pepperoni, roast onion, red chilli	Y Unknown									Y					
Pizza - Portobello mushrooms, smoked pancetta, roast garlic	Y Unknown									Y					
Pizza - Wood Fired Atrichoke, Aubergine, Courgette, Peppers with Oregano	Y Unknown									Y					

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley

Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts